A Parent’s Guide to Summer Camp

The Benefits of Sending Your Scout to Scout BSA Camp

Harry S Frazier Jr Scout Reservation, Camp Crooked Creek
Pfeffer Scout Reservation, Roy C. Manchester
AquaBase Adventure Camp
Topics and Questions Answered

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Mission statement of the Lincoln Heritage Council
The Lincoln Heritage Council will deliver innovative and life changing programs that will prepare youth in our council to become responsible citizens and leaders who are guided by the Scout oath and law.

Scout Oath
On my honor I will do my best to do my duty to God and my country and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.

Scout Law
“A Scout is Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent.”

The Value of Summer Camp
Research has concluded that within the typical six days of Scout BSA summer camp, Scouts are in an environment that comprehensively provides them with critical elements of healthy youth development. Camps are removed from the hustle and bustle world of mass information, media, and technology. This type of “protected environment” provides a significant opportunity for growth among young people. Time seems to take on a different meaning when the day is not filled with television, radio, video games, the internet etc. Spending a week at summer camp with friends from the Troop is one of the greatest highlights of a Scout’s year, making memories that will last a lifetime. Camp programs offer fantastic opportunities for Scouts to bond with the other members of their Troop, building lifelong friendships while also meeting new people and making new friends. Scouts will be able to work on developing new skills while working on rank advancements such as Tenderfoot, Second Class and First Class as well as numerous merit badges such as Swimming, First Aid, Camping, Leatherwork, Rifle Shooting, Citizenship in the Nation, Nature and nearly 40 more. Scouts learn leadership skills, build trust and develop self-esteem as well as self confidence in ways unimaginable. Studies have shown that youth who attend camp advance quicker and stay in the program much longer than those who don’t attend camp. Parents of Scouts who attend camp state that the camp experience resulted in a positive change in their Scout and that 96% surveyed would recommend camp to others. A Scout quickly realizes that they can do things on their own, make their own decisions and become a stronger person.
Since our camps opened, we have been providing innovative, inspiring and engaging programs for youth ages 11-17. At Camp, we use merit badge sessions and camp wide activities to instill core values and life lessons which will help our Scouts to become responsible citizens and leaders.

Most of all, summer camp is as action packed or as relaxed as a Scout might want it to be but more important than anything, it’s FUN!

The Camps of the Lincoln Heritage Council
The Lincoln Heritage Council of the Boy Scouts of America covers 64 counties in Kentucky, Indiana, Illinois and Tennessee serving more than 21,316 youth and adult leaders in over 541 Cub Scout Packs, Scout BSA Troops and Venture Crews. Of these 541 units, 248 of them are Troops serving over 4000 Scout BSA ages 11-18; all of whom are eligible to attend summer camp. The Council owns and operates several camp properties, 2 of which are used for Scouts BSA summer camp.
Each of these are accredited annually by the National Council of the Boy Scouts of America with stringent standards focused on safe facilities as well as quality programs.
Harry S. Frazier Jr. Scout Reservation

Camp Crooked Creek
Camp Crooked Creek is located near Clermont, Kentucky in Bullitt County just 35 short minutes from Louisville. The camp is part of the 1,050 acre Harry S. Frazier Jr. Scout Reservation built in 1988, offering 6 weeks of traditional Scouting programs with more than 80 staff members teaching 50+ merit badges and programs. An average of 350 Scouts and 80 leaders attend camp each week. The camp has a 60 acre manmade, private lake for aquatics activities such as canoeing, kayaking, rowing, small boat sailing and motor boating. A newly built swimming pool allows for swimming and lifesaving instruction and new adirondacks for camping are part of the $2 million improvements. The Ecology Lodge and STEM Center offers Scouts the opportunity to work on nature related merit badges like mammal study, environmental science, and fish and wildlife management while also making science and technology based badges available such as robotics, space exploration and game design. The Scoutcraft area helps Scouts develop important outdoor skills such as camping, pioneering, orienteering and wilderness survival. Handicraft lets Scouts use their hands to make projects in leatherwork, woodworking and basketry. Shooting Sports has programs in rifle shooting, shotgun trap shooting and archery. The Dan Boone program is designed specifically for first year campers who need to learn the basic Scout skills to help prepare them for Troop activities throughout the year. Other specialty programs for more experienced, older Scouts include the high and low ropes course known as COPE, Challenging Outdoor Personal Experience where groups of Scouts build a team that works together to accomplish goals and meet new challenges that they never thought they could complete before. The Tower is a fun program that allows Scouts to climb the 30’ structure and then learn how to rappel. An ATV, All-Terrain Vehicle, program teaches Scouts how to safely operate and maintain an ATV while respecting and protecting the environment. Some older Scouts accept the challenge of becoming a Counselor in Training (CIT); a program that trains them to become a staff member for the camp and teach other Scouts new skills; a very demanding but rewarding job.

Pfeffer Scout Reservation

Camp Roy C. Manchester
Camp Roy C. Manchester is located near Benton, Kentucky on the shores of magnificent Kentucky Lake and is part of the 400 acre Pfeffer Scout Reservation. Operating for 4 weeks throughout the summer with 50 staff members, this camp has a tradition of serving Scouts from all over the region for more than 65 years and has recently experienced $3.5 million in improvements. New facilities have been built throughout the camp, including a dining hall, trading post, shower facilities with flush toilets and private shower stalls, training room, administration office, aquatics center, shooting sports complex and nature STEM center. A typical Scouts BSA program is offered at Camp Manchester including handicraft, Scoutcraft, shooting sports, ecology and STEM, personal development and the Eaglebound program designed for first year campers to focus on developing their basic Scout skills. One of the best parts of this camp is the lake and the aquatics programs. The waterfront beach allows access for swimming and lifesaving instruction. Boating activities include canoeing, kayaking, rowing, motor boating and small boat sailing which leads to medium boat sailing and eventually sailing on large 25’ boats with crews of 3-4 Scouts. Water sports include water skiing and personal watercraft (jet ski) instruction for older Scouts. Opportunities for fishing are abundant.

Aquaba • Adventure Camp at Pfeffer Scout Reservation
Adventure is the key component of this camp designed to offer older Scouts an experience beyond the traditional summer camp program. Typically, Scouts who have attended camp 2 or more years are looking for something different and more challenging than merit badges and Aquarium has the programs to meet this need. Sharing space with Camp Roy C. Manchester on the Pfeffer Scout Reservation, Aquarium operates its own unique programs. The highlight of Aquarium is the High Adventure Sailing program where groups of 3-4 Scouts, ages 14-17 are placed in charge of their very own 25’ sailboat and are responsible for working together as a team to maneuver the boat throughout Kentucky Lake for the week. A flotilla of 8 sailboats including a support boat carrying supplies depart Monday morning, after an orientation, cruising the lake for the week anchoring each night in different bays. Scouts learn great teamwork while developing decision making and leadership skills managing their boat from port to port. Trained leaders help guide the Scouts who must be at least 14 years old with a minimum of the small boat sailing merit badge or some sailing experience. This sailing trip is an adventure that won’t be soon forgotten. There are other programs offered at Aquarium including a small boat sailing school which will help prepare Scouts for the High Adventure Sailing program, a watersports program that allows Scouts to spend an entire week motor boating, water skiing and jet skiing on the water, and BSA Lifeguard, where completing this training will certify them to be a BSA Lifeguard after one week.
Important Information about Camp and FAQs

The decision to send your Scout to camp is an important one and is an investment in your Scouts future development. When attending camp for the first time, there are many simple questions parents have that get overlooked. Our hope is the following FAQs will answer these questions and help families make an educated decision about attending summer camp.

When is camp and how long does it last?
Troops reserve a week of camp, checking in on a Sunday afternoon, and typically leaving on the following Saturday morning. Below is the schedule for 2020.

**2020 Camp Dates**
- June 7-13  Camp Crooked Creek, Pfeffer Scout Reservation, and AquaBase
- June 14-20 Camp Crooked Creek, Pfeffer Scout Reservation, and AquaBase
- June 21-27  Camp Crooked Creek, Pfeffer Scout Reservation, and AquaBase
- June 28-July 4 Camp Crooked Creek, Pfeffer Scout Reservation, and AquaBase
- July 5-11  Camp Crooked Creek, and AquaBase
- July 12-18 Camp Crooked Creek and AquaBase

**New in 2020- Camp Open House! Come tour camp and meet the seasonal camp staff.**
- Tuesday, June 2 (4-6pm)
- Thursday June 4 (4-6pm)
- Saturday June 6 (10am-12pm)

How does my Scout get registered for camp?
The Troop will make a reservation for a particular camp, week and campsite for everyone. Scouts then work with their leaders to register for camp and pay fees. Scouts can attend camp even if their Troop does not. See “What is a Provisional Scout Camper” later in this guide.

Who provides the leadership for camp? Do parents need to go?
The leaders of the Troop will make arrangements to provide the two-deep leadership needed for the Troop to attend camp. Parents are not required to attend camp with their Scout, however, the Troop may need the additional leadership, and may request this help if needed. If Troops have difficulty finding enough leaders to attend camp, the Camp Director can match the Troop with another Troop attending camp at the same time so they can share leaders.

How much does camp cost, when are fees due and what is the discount fee?
The fee for camp is $330 which includes 17 meals, a camp T-shirt, all program materials, equipment, and staff as well as facility usage. The fee for Out of Council is $355. A discount of $25 can be earned by Scouts who pay a deposit of $75 no later than March 6, 2020 making the overall fee $305 (Out of Council $330). The final balance of $230 (out of Council $255) will be due by May 4, 2020. All fees are paid to the Troop and they submit the payments.

Are there fundraising opportunities?
Many Troops will help Scouts to earn their camp fee by participating in the annual popcorn sale offered by the Council in the fall or the annual camp card sale conducted in the spring. Some Troops coordinate additional fund raisers such as car washes, pancake breakfasts and bake sales. Ask your unit leader for more information on what fundraising opportunities they do.
What is a campership? How do we apply?
Camperships are available for those families who might need some assistance paying the camp fee. Camperships are awarded based on the financial needs of the family. Applications can be retrieved from the Council website at http://www.lhchbsa.org under the camping section and should be submitted directly to the Council Office by March 6 if possible. A limited amount of funds are available. Applications can be submitted after March 6. However, funding maybe more limited.

Can we get a refund if we pay the fees and our Scout can’t attend camp?
Due to advanced planning and purchasing needs, Scouts who pay their camp fees but don’t attend camp will only qualify for a refund if they are medically disqualified, must attend summer school, or have a family situation. A $75 fee will be withheld on all fees. However, fees can be transferred to other Scouts within the Troop.

How does my Scout select the programs they will take at camp?
The Troop will be able to sign up Scouts for programs once the deposits have been made on March 6. Scouts can visit the Council web site for the specific camps in February to see the available programs by camp and should visit with their Scout leaders for guidance. The Troop will then enter the requests in the online Tentaroo registration system through their specific Troop account. Scouts do not enter their selections individually.

What will my Scout do at camp?
Scouts will be able to work on rank requirements or merit badges depending on their needs and interests; the Troop leaders can help them determine the best path. Monday through Friday the program is broken down into 6 program sessions and a Scout can choose a program for each session if they want.

What are the first-year camper programs Dan Boone and Eaglebound about?
The first-year camper program is designed to help that young Scout who is attending camp for the very first time to feel more comfortable and to gain some basic Scout skills. This program will last a half day, Monday through Friday, and will concentrate on some of the requirements for the ranks of Tenderfoot, Second Class and First Class. Younger Scouts are grouped in patrols with other first year campers and learn to work together as a team. The program is known as Dan Boone at Camp Crooked Creek, and Eaglebound at Camp Manchester. Activities will include knot tying, first aid, fire building, knife and axe training, and citizenship development among other things.

Where will my Scout stay while at camp?
At Camp Crooked Creek, the Scouts stay in 2-person tents built atop special platforms, each including folding cots. Some of the campsites have 8-person adirondacks with built-in bunks instead of tents. At Camp Manchester, the Troops will bring their own tents and cots from home. Some campsites have cabins with cots in them. Be sure to visit with your leaders regarding lodging.

What will my Scout eat at camp?
All meals are provided in the air-conditioned dining halls at the camps. A Chef and Dietician approve the menu, which is designed to meet the nutritional needs of active Scouts during hot summer months, while trying to include popular items. Every breakfast meal includes cereal and a yogurt bar and every lunch and dinner includes a salad bar. A sample menu is included in the back of this guide.

My Scout has a food allergy. How are these handled?
Our experience is that every case of a food allergy is different. We work with families one on one so that we can best meet the needs of that Scout. Once we have been notified of a food allergy, we get the family in touch with our food service manager/s to work out a plan that will be safe for all Scouts.
What is the BSA Health Form, A, B, & C? Is there a camp nurse?
The official Scout health form is a three part form, A, B, and C that requires background information about the participant and a doctor’s signature stating that a physical has been conducted. This form must be completed annually. The form can be found on the website [www.lhcbsa.org](http://www.lhcbsa.org) under camping. The camp has a medical office and provides a health officer who helps manage the first aid and medical needs of the campers.

What about insurance?
Each Lincoln Heritage Council Troop that attends camp has a policy, provided by the Council, which serves as secondary insurance to the Scout’s family policy or serves as primary insurance if no other exists. Troops from out of Council are required to provide proof of insurance as well.

What will my Scout need to bring to camp?
A week’s worth of clothes and toiletries will be needed but keep in mind that space is limited. Everything should fit in a backpack or foot locker. Sleeping bag or blankets as well as towels will also be needed. A detailed list of suggested items can be found later in this guide including items that *should not* be brought to camp.

Why does my Scout need money and how much should they bring?
All of the food and program materials a Scout will need are included in the camp fee. However, there is a camp store, commonly known as the Trading Post, which has snacks, drinks, ice cream, camp gear, and souvenirs that your Scout will want to purchase. Most Scouts spend between $40-$50.

Can we visit our Scout at camp?
The camp is always open for parents to come and visit their Scouts. Visitors are asked to check-in at the Camp Office first and should notify the Troop leaders in advance. Also, Friday night is Family Night, and everyone is invited to come to camp, visit with the Scouts, enjoy dinner (either brought in or purchased at camp) and stay for the closing campfire.

Can we send mail or “care packages” to camp?
Scouts can receive mail and packages during camp, but they should be sent the Friday before the Scout leaves for camp to insure they arrive during the actual camp week. Priority mail or next day shipping are suggested for packages that could be shipped during the week. Addresses and how to address your package can be found in the appendix of this guide.

What happens when camp is over?
The Troop will enter the online Tentaroo merit badge system to determine what requirements the Scouts completed at camp and what things they may still need to finish. Within a few weeks after camp, most Troops plan a Court of Honor to present the awards to the Scouts. These are filled out by the individual camp instructors, based on what each Scout accomplished that week, and may not be identical for each Scout.

What is a Provisional camper?
A Provisional camper is a Scout who attends camp as an individual without their home Troop. This could be because they want to attend an additional week or because they couldn’t attend during the week the Troop attended or possibly because the unit did not attend camp. Once the Scout has selected the dates they would like to attend, then the camp chooses a Troop that is attending during that week and assigns the Scout to that unit and their leaders serve as the temporary leaders for the Scout. Completed merit badge information is forwarded to the home Troop after camp ends. A special application for Provisional Scouts can be found online at [www.lhcbsa.org](http://www.lhcbsa.org).
Why can’t my Scout bring a cell phone?
During camp, cell phones are simply not needed. Scouts are in the outdoors enjoying being disconnected to screens. Should an emergency arise where camp needs to call you or you need to call camp, we have land lines available to do that.

What if my Scout gets homesick? Who will take care of them?
Being away from home can be a challenge for the first time, or even our more experienced campers. Homesickness is common at overnight camp. Our policy on homesickness is that camp staff will work individually with Scouts to work through their homesickness. Camp Staff will call home if the homesickness is severe and they need some additional support. We rarely have campers call home or talk to their parents on the phone because it typically makes the homesickness worse.

Each camper’s homesickness is unique. The Camp staff are trained to help each Scout plan for a successful and fun week.

If it appears that the Scout is not doing well adjusting to their time at camp, the Camp Director may determine to have the camper sent home after discussions with the parent and the Scoutmaster. Please know if a camper is sent home due to homesickness refunds will be at the discretion of the camp administrative team.

Appendix
Suggested packing list for camp
Sample list of merit badges
Sample menu
Address for camps and how to address packages
Buy a party for your Troop!

More information about camp including promotional videos can all be found here: https://lhcbasa.org/boy-scout-summer-camp/

Suggested Packing List for Camp
Complete Scouts BSA Uniform
(5) T-Shirts
(5) Shorts or pants
(6) Pairs of socks (socks & shoes should always be worn.)
(6) Pairs of underwear
Shoes, at least 2 pair in case one gets wet. (No open-toed shoes.)
Light jacket or sweatshirt
Hat
Swimming trunks (boys) or a one-piece bathing suits(girls)
Rain gear (poncho or rain suit)
Medical form (mandatory) *Parts A-C*, given to Scoutmaster prior to camp
Blankets or sleeping bag and pillow
Duffel bag or foot locker w/lock
Toiletries, soap, shampoo, toothbrush, toothpaste, deodorant, body powder
Camera (Disposable)
Money for trading post ($50.00 suggested)
Flashlight with extra batterie
Pocket Knife (with Totin’ Chip)
Sunscreen and insect repellent
Water bottle/canteen/cup  
Notebooks for writing  
Pen/Pencils  
Merit badge books (suggested not required)  
2 Towels (one for the pool and one for the shower)  
Shower shoes  
Medications in original labeled bottle  
Day Pack (for daily needs)

**Sample Merit Badge List** – each camp is different and the options change periodically.

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<tr>
<th>Program Area</th>
<th>Merit Badge</th>
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<tr>
<td>Aquatics</td>
<td>Beginner Swim <strong>Lessons</strong></td>
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<td>Canoeing</td>
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<td>Aquatics</td>
<td>Kayaking</td>
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<td>Lifeguard Training</td>
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<td>Lifesaving</td>
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<td>Aquatics</td>
<td>Motorboating/Rowing</td>
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<td>Aquatics</td>
<td>Small-Boat Sailing</td>
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<td>Aquatics</td>
<td>Swimming</td>
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<td>COPE</td>
<td>ATV</td>
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<td>Climbing</td>
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<td>Chemistry</td>
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<td>Game Design</td>
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<td>Field Sports</td>
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<td>Rifle Shooting</td>
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<td>Shotgun Shooting</td>
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<td><strong>First Year Camper Program</strong></td>
<td>Dan Boone</td>
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<td>Art/Basketery</td>
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<td>Fingerprinting</td>
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<td>Leatherwork</td>
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**What NOT to bring to camp**
- Pets
- Firearms or weapons
- Fireworks
- Video games
- Radios
- Bicycles
- Items of value
- Extra food (raccoons and skunks love it)
- Illegal drugs or alcohol
- Cell phone
<table>
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<tr>
<th>Handicraft</th>
<th>Woodcarving/Sculpting</th>
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<tr>
<td>Outdoor skills/Frontiertown</td>
<td>Blacksmithing/Knife Making</td>
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<td>Camping</td>
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<td>Cast Iron Cooking</td>
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<td>Orienteering/Geocaching</td>
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<td>Pioneering</td>
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<td>Outdoor skills/Frontiertown</td>
<td>Wilderness Survival</td>
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<tr>
<th>Personal Development/Sports and Health</th>
<th>Challenge Trail/Cycling Merit Badge</th>
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<td>Day</td>
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<td>Sunday</td>
<td>Whole Grain French Toast Sticks</td>
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<td>Sausage Links</td>
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<td>Fresh Fruit</td>
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<td>Syrup Cups</td>
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<td>Monday</td>
<td>Biscuits &amp; Gravy</td>
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<td>Fresh Fruit</td>
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<td>Cinnamon Roll</td>
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<td>Waffles</td>
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<td>Sausage Patty</td>
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<td>Bacon</td>
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<td>Wednesday</td>
<td>Scrambled Eggs</td>
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<td>Breakfast Potatoes</td>
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<td>Pancakes</td>
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<td>Syrup Cups</td>
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<td>Saturday</td>
<td>Assorted Muffins/Donuts</td>
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<td>Fresh Fruit</td>
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<td>Go-Gurt</td>
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I would like to mail my Scout a care package to the following addresses:

**Camp Crooked Creek:** Mail is available for pickup daily at the Administration Building.

(Scout’s name)  
(Campsite)  
(Troop number)  
(Week Number)  
Camp Crooked Creek  
950 Terry Drive  
Shepherdsville, Kentucky 40165

**Pfeffer Scout Reservation:** Mail is available for pickup daily at the Administration Building.

(Scout’s name)  
(Campsite)  
(Troop number)  
(Week Number)  
Camp Roy C Manchester  
1531 Cross Road  
Benton, Kentucky 42025

**AquaBase (on Pfeffer Scout Reservation):** Mail is not picked up for this program until Friday when the boats return to camp.

(Scout’s name)  
(Troop number)  
(Week Number)  
Camp Roy C Manchester  
AquaBase  
1531 Cross Road  
Benton, Kentucky 42025
Buy a party for your Troop at Summer Camp!

You can pre-purchase your Scout Troop an Ice-cream party, Watermelon Party or a Root Beer Float Party.

All you have to do is fill out the form below indicating which party you’d like for your Troop to have. The summer camp staff will schedule a time for the Troop to have a private party in our air-conditioned Scout Lounge.

☐ We would like to purchase an ice Cream party for _______ at $3.00 each.
☐ We would like to purchase a root beer float party for _______ at $13.00 (you keep the mug).
☐ We would like to purchase a watermelon party for _______ at $2.00 each.

Scouts Name: __________________________ Scouts Troop Number: _______

Week attending: ___ Site number: ___ Camp Point of Contact: ________________________
☐ Please tell the Troop who this is from. ☐ Please don’t tell the Troop who this is from.

I will pay by: ☐ Cash ☐ Check ☐ Credit Card

Name of purchaser: ______________________________________________________________

Billing Address: __________________________________________________________________

City: __________________________ State: __________________ Zip: __________

Email: __________________________ Phone: __________________

Name on Card: __________________________ Amount to be charged: $________

CC Number: __________________________ Exp: ______ CVS: _______

Lincoln Heritage Council 12001 Sycamore Station Place, Louisville, KY 40299

Fax: 502-361-7899, or email: susie.rausch@scouting.org