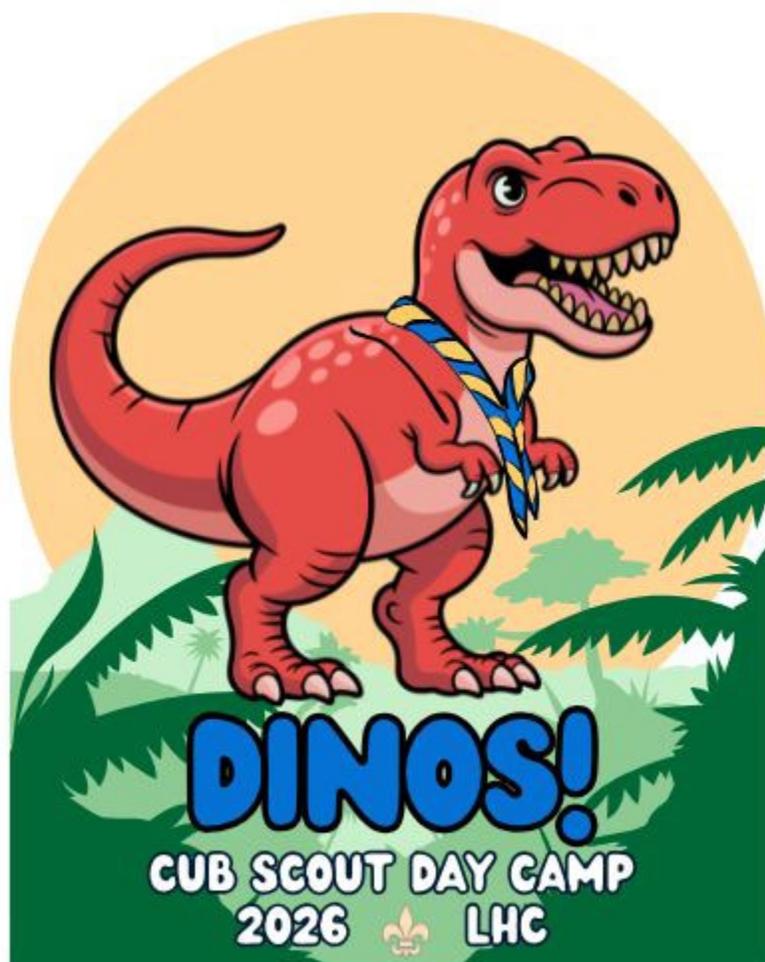


# Lincoln Heritage Council Day Camp Leader's Guide

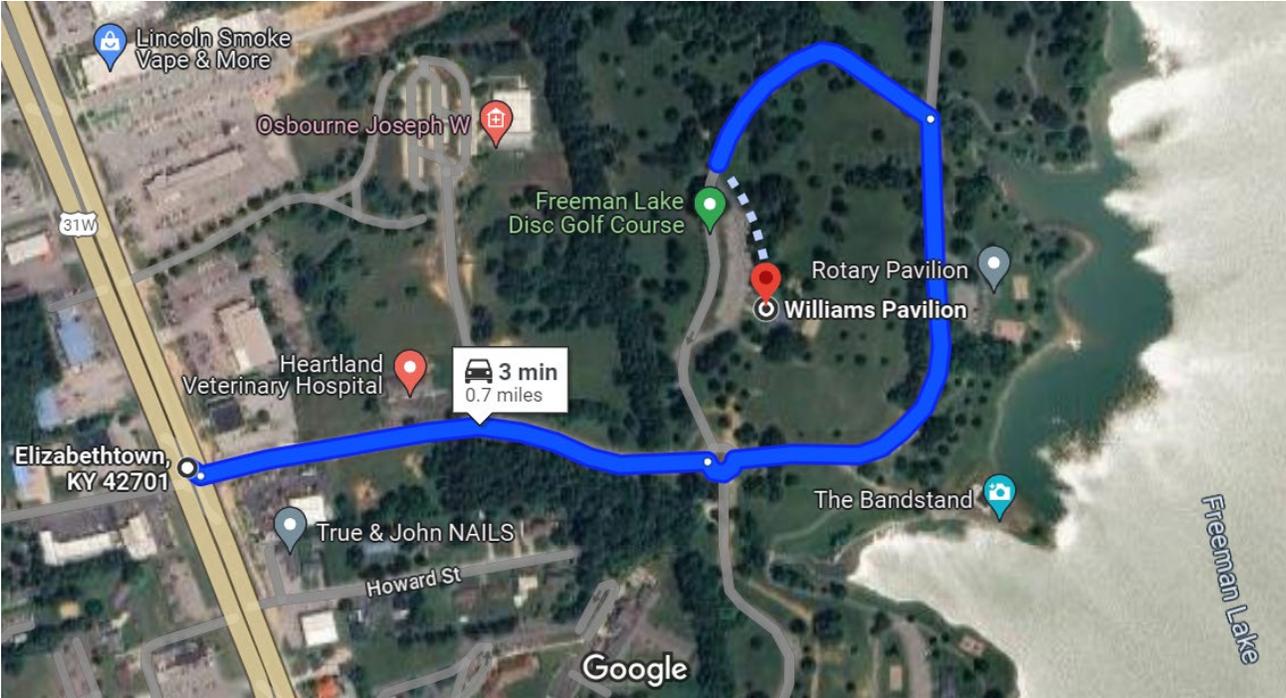
## Lincoln Trail Freeman Lake Park

July 13-17, 2026

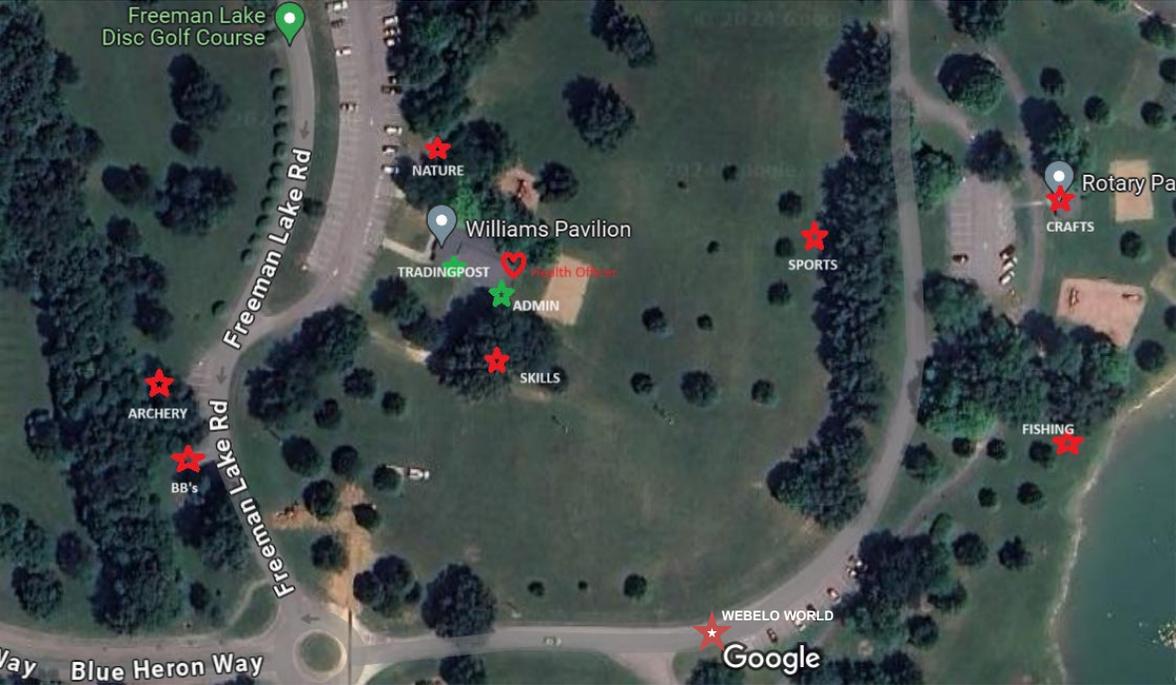
\$120 per Cub



# Map and Directions to:



Enter Freeman Lake Park via the Blue Heron Way entrance in between Heartland Veterinary Hospital and 44 Auto Mart dealership. Drive around the circle and follow that road to the lake and around to Williams Pavilion at the top of the hill. Locations of each station are marked on map below.



## Daily Schedule

Units should **NOT** arrive before the scheduled arrival time. Upon arrival, units will need to check in at the **(Williams Pavilion @ Freeman Lake)**. All schedules are subject to change before or during the event.

Time	Event
7:30 AM – 8:25 AM	Arrival
8:00 AM – 8:25 AM	Opening and Flags
8:30 AM – 11:30 AM	Program Sessions
11:30 AM – 12:10 PM	Lunch
12:15 PM – 3:10 PM	Program Sessions
3:15 PM – 3:40 PM	Closing and Flags
3:45 PM	Pick up

## Unit Preparation for Camp

If your unit follows the steps listed below, the process of preparing everyone for an enjoyable experience at Day Camp should go smoothly.

### Upon Receiving the Leaders Guide:

- Inform or remind all scouts and parents of the camp dates and location
- **Recruit two or more adult leaders to attend camp with your unit.**
- Note payment dates
- Consider unit providing adults to help run the event (please speak with the director or program director)

### Finalizing plans for the outing:

- Give final notice to all scouts and parents about plans for attending camp
- Collect all Health Forms parts A & B from ALL scouts AND adults attending camp and bring them to camp for the medical officer
- Arrange for your unit's transportation to and from camp
- Ensure all your scout families have the camp information (start times, end times, what to bring, locations, important phone numbers, etc)
- Arrange payments through your unit or each family individually. (If a parent registers on their own, they may click to pay with camp cards and the unit will be charged through the unit account at council)

- Finalize registration online at [www.lhcbasa.org](http://www.lhcbasa.org). Registration will be through Tent-A-Roo. You may choose to have one person from your unit register everyone on Tent-A-Roo or each person may be in charge of their own registration.

### **One week before Camp:**

- Review schedule with your scouts and families.
- Double-check medical and health history.
- Prepare the unit equipment to bring to camp. (canopies, coolers for lunches, camp chairs for lunch time)
- Finalize transportation arrangements to and from camp.
- Review the Guide to Safe Scouting and Camp Regulations with leadership.

## **Camp Policies and Procedures**

Anyone participating in this event will be required to follow BSA National Guidelines as outlined in the Guide to Safe Scouting.

**The Law is the Rule:** Everyone is expected to abide by the Scout Law, Oath, and Slogan.

**Buddy System:** Everyone will use the Buddy System. Pairs for Safety. Adults/ Leaders should be notified before scouts leave a designated area.

**Camp Security:** All visitors to the camp must stop at the admin building or other communicated location and check-in, they will receive a wristband to wear while on property. Upon conclusion of their visit, guests will sign out so that camp administration will know who is on camp property at all times.

**Alcoholic Beverages and Illegal Substances:** will not be tolerated and are against BSA policy. Possession or use will result in immediate dismissal from camp.

**Smoking and Tobacco:** BSA guidelines require a smoke-free, tobacco free, vaping free environment for our scouts. If you must smoke, vape, or use smokeless tobacco, please do so out of sight of youth participants, youth staff, and not inside any buildings. Please “field dress” your butts and dispose of them properly remembering the ever-present danger of forest fires.

**Vehicles:** The Health and Safety Committee along with the Camping Committee has established a written policy and procedure of vehicles in camp.

- Participant vehicles are to remain in designated parking areas during the entirety of the camp day.
- When traveling to camp, one person per seatbelt and they must be worn. No riding in truck beds. No ATV’s, go carts, or golf carts are permitted. Only Staff carts are permitted.

**Uniforms:** The Day Camp uniform is the provided camp t-shirt. If you are a leader that will be attending all the days of camp, you will be provided with a camp t-shirt. Any adult not attending all the camp days will need to wear a scout t-shirt or scout appropriate attire.

**Camp: Follow BSA guidelines for camping:**

- Walk, do not run, within the camp lunch area
- Remember tent stakes and tie-downs.
- Closed-toed shoes must be worn at all times.
- Leave no Trace.
- Trash your trash. It should be removed from all camp areas.
- No pets or bikes

**Knives, Hatchets, Axes, or Firearms:** No firearms are permitted at Camp. No fixed blade, sheath or survival knives are permitted. Folding or pocket knives are permitted by those Scouts that have earned their Whittlin' Chip or Totin Chip.

**Rocks and Sticks:** Although tempting, rocks must not be thrown or kicked and sticks may not be swung. Injury/damage to property usually results from this action. Such actions will result in your being asked to leave the campout immediately.

**First Aid:** There will be a medical officer stationed on camp. All medical treatment or emergencies should be directed to the health officer. Minor first aid treatment can be given in session areas where limited first aid supplies are available.

**Camp Emergencies:** If there is an emergency, there will be 3 long blasts of the air horn and everyone should rally in a designated area. Once the emergency has passed, campers will be given instructions on where to go next. Campers should remain in the designated area until the "All Clear" signal has been given. Leaders should review these procedures with their campers.

**Trash:** Your trash must be taken to a trash can provided. If trash cans are not available, please take your trash with you when you leave camp.

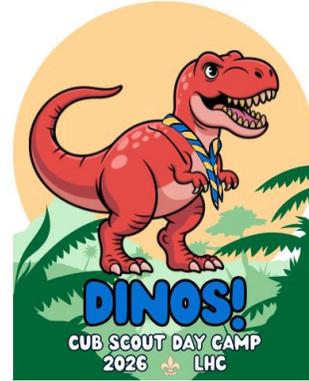
**Cleanup/Check-out:** When your unit is ready to leave camp we ask that you please clean up your area and leave it the same or better than you found it. Please take everything with you.

**Youth Protection:** Camp will adhere to all Youth Protection Guidelines. Leaders, parents, and staff are required to adhere to all Youth Protection Guidelines. For more information regarding Scouting's Youth protection policy, go to: <https://www.scouting.org/health-and-safety/youth-protection/>

**DINOS!**  
**Cub Scout Day Camp 2026**  
**July 13<sup>th</sup>-17<sup>th</sup>**

**Lincoln Trail District**  
**Lincoln Heritage Council**

**Camp Time 7:30 AM – 4:00 PM**



Dear Scouts and Parents,

We have a FUN week planned for you this year at Cub Scout Day Camp! This letter will include some important information that will help you all have a great week.

Activities are developed around a theme, and this year it is everything DINOS! This theme will provide fun and engaging program elements for young boys and girls. Our most popular activities are BB guns, archery, crafts, sports and fishing! We are also going to bring back Webelo World so scouts of that rank can work on more advanced activities but still have lots of fun!

**Camp Hours:** Each fun-filled camp day will begin with cub drop off from 7:30-8:00 AM and closing flags will be from 3:15-3:45 with pick up no later than 4:00 PM;

Please arrive a little early on MONDAY to finalize the one-time check-in process. Thursday evening, we plan on having a flag retirement ceremony if weather permits. **Friday camp will conclude at 1:30.**

**Location:** Freeman Lake Park. Admin Base and Lunch will be at the Williams Pavilion – Blue Heron Way Elizabethtown KY, 42701. Other activities will be held in the Rotary Pavilion and surrounding areas.

**Cost:** Cub Scout Day Camp is **\$120** for a weeklong session if you are **registered 30 days prior to first day of camp**. Registration after 30 days prior is \$145 for the weeklong session. If you register within 1 week there is **NO** guarantee of getting shirts or den availability. This cost includes a t-shirt, cup, patch, snacks, crafts, and all the fun possible!

**Phone:** Camp Director – Lauren Walker-Millard 270-505-3706  
Program Director – Tessa Miller 301-653-3258

**Uniform:** All campers and registered Adults will receive a Camp T-shirt. This will be the uniform for the week, please wear every day.

**Lunch:** Summer School Lunch program will be providing lunch each day by the Hardin County Schools Summer Lunch Program. If your cubs have allergies, please note on Health Form and let your Den Walkers know. Or if Parents/Cubs wish to bring their own lunch, a den cooler would be a good item to bring (ice can be made available if notified start of camp).

**Shoes:** All participants must wear close-toe shoes and socks. **NO SANDALS!**

**Little Buddies:** Little buddies will eat with their parents. The cost for each child is \$25 for the week. The parent **must** be present on site for the child to be accepted. Little Buddies **must** be potty trained.

**Outer Wear:** Hats are very helpful and highly recommended to help keep the sun off your face. Sunscreen is suggested to prevent sunburn. We will be outside all day! Bug spray is also good to bring to help keep bugs away (please no aerosol cans).

**Weather:** **CAMP IS OPEN RAIN OR SHINE!** Rain gear will be necessary on rainy days. We do have severe weather plans and procedures for the camp. Please feel free to contact me with any questions regarding that plan.

**Transportation:** Everyone must provide their own transportation to and from camp. Carpooling is encouraged. The Guide to Safe Scouting states that beds or trucks, trailers, and campers will not be used to transport passengers at any time, and a seatbelt is required for each passenger in all motor vehicles (except commercial buses). Please be aware of the posted speed limits.

**Medication:** The camp required that all prescription and over-the-counter medications be stored under lock (including those requiring refrigeration), except when in the controlled presence of the health officer or other adult leader responsible for administering and/or dispensing medications. Exceptions will be made for life-saving medications such as Epi-Pen, Inhalers, etc.

**Trading Post:** There will be a trading post available each day. A list of items and costs will be provided prior to camp. No knives are allowed to be brought to camp, if one is purchased at the trading post it must be secured with your Den Walker until the close of camp that day.

**Closing:** Friday is the day we will have several special guests visiting the camp. They will have demonstrations of their skills and jobs. **Camp will dismiss around 1:30 on Friday.**

We are so excited to see everyone out at camp this year and look forward to all the fun you'll have! If you have any questions, please do not hesitate to call me at **270-505-3706**. You may also e-mail me at [laurenwalker1163@gmail.com](mailto:laurenwalker1163@gmail.com). See you at Camp!!!

# **Fee Schedule/Refund Policy:**

**Fee Schedule:** All fees should be paid based on the following information:

- The rate for a weekend camp is \$85.00 per scout
- The rate for a week long camp is \$120.00 per scout
- Adults are FREE!

**Refunds:** A refund will be made to an individual or group that cancels program attendance/registration, less a 15% administrative charge as long as a written request is made at least 30 days prior to a council or district program/activity.

No refunds will be given to an individual or group that cancels program attendance/registration within 30 days of a scheduled council or district program/activity. Exceptions for medical situations or family emergencies can be made but must be submitted in writing within 7 days after the program/activity.

Fees are transferable to other Scouts but not refundable. All requests for refunds must be submitted in writing with a copy of the receipt or canceled check.

## **Questions? Contact the following:**

### **Director:**

**Lauren Walker-Millard**  
**Laurenmwalker1163@gmail.com**  
**270-505-3706**

### **Program Director:**

**Tessa Miller**  
**millertessa819@gmail.com**  
**301-653-3258**